



21<sup>st</sup> March

Dear Parents & Carers

As a part of your child's education at Orston Primary School, we promote personal wellbeing and development through a comprehensive Relationships and Health education programme (RHE). RHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. In September 2020, there was new statutory guidance around Relations and Health Education in Primary Schools.

Lessons over the year will include pupils learning about (in an age appropriate way) Healthy relationships, including friendships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. Pupils will also have opportunities to ask questions.

RHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body.

Please visit the school's website: <https://www.orston.notts.sch.uk/relationships-and-health-education/> for more detail about our RHE curriculum, including our RHE policy.

All RHE teaching takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents. We would therefore like to ask for representatives from the Parent community to join us for a 'Parents Forum' meeting around the RHE curriculum and statutory guidance. We would like to begin having Parents forum meetings each term and they will involve a small group of our parent community meeting with members of the SLT and will always have a specific focus. The first meeting will take place after half term and will be in relation to our RHE Curriculum and statutory guidance. Ideally, we would like one representative from each class. If you are interested, please let me know via email.

We hope that parents will continue to be supportive of the relationships and health education programme that we offer at Orston. We deliver the majority of the sex education part of the RSHE curriculum through science when we teach reproduction in mammals in upper KS2. We will continue to deliver other elements of sex education in an age appropriate manner using a variety of resources including the NSPCC. Parents will always be made aware of this via a letter from your child's class teacher with further information available.

If you would like to find out more or discuss any concerns, please do not hesitate to contact us.

Warmest wishes  
Mrs Crosby